

Lewisham Virtual School CAMHS



Aims

- Improve education stability
- Support reintegration back into school
- Improve placement stability
- Improve wellbeing
- Consider safeguarding concerns affecting CLA's mental health

Who are we?

We support the professional network around Children Looked After (CLA) to address emotional, behavioural, and mental health needs that may lead to exclusion, disengagement, or lower school attainment. Our flexible, responsive service offers timely clinical consultation, while strengthening existing support systems around the child. We do not provide direct clinical support to the child or manage clinical risk.

Our offer:

Available to CYP (5–18) under the care of the London Borough of Lewisham.

We offer:

- Ongoing network support for professionals (e.g. schools, placements) to manage children's mental health concerns in community and family settings. This could include consultation, training, reflective practice and direct support to professionals.
- Outreach efforts to promote relational safety and emotional wellbeing.
- The delivery of support strategies, psychoeducation, and network activation.
- Signposting to appropriate services for children and their carers.
- Assisting with understanding assessment reports.
- Collaborating with Virtual School to ensure that our children are accessing the most appropriate learning provision and activities.
- While not a therapeutic service for carers, this work often helps carers feel emotionally supported and contained.

Please note that as we do not work directly with the child, we do not manage clinical risk. If you are immediately concerned for the safety of a child, please contact the local CAMHS duty work or A&E in an emergency. CAMHS Crisis Line: 0203 228 5980 (available 9am–11pm, including weekends and bank holidays)

Outside of these hours, call NHS 111 and select 2 for mental health (24 hours)