



Journey 2 Adulthood

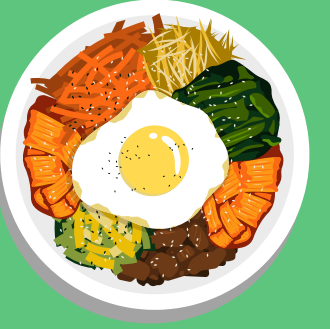


Are you a care-experienced young person and wanting to prepare for your transition into independence?



Are you worried about living on your own?

Do you need support with managing this new responsibility?



Created by a care experienced young person and consulted with 50+ young Londoners

Journey 2 Adulthood programme was designed with the aim to support care-experienced young people develop the essential skills and knowledge for independent living.



WHAT WILL I LEARN?

Throughout the 4 weeks on programme you will get the opportunity to learn about:

Setting up a home

Tenancy agreements

Mental Health

How to manage conflict

How to Graffiti

Cooking on a budget

Day in the Life of Work

Home & Street Safety

Financial Literacy

& much more!

A 12-session programme delivered in 4 weeks.

This programme is completely free with Travel & Lunch provided.

If you have any questions or would like to find out more please contact us:

info@power2prevail.co.uk



Journey 2 Adulthood



LOCATIONS:



Lewisham: November-December 2024

Lambeth: February-March 2025



ELIGIBILITY:

- 16-25
- Looked After Child or Care Leaver from Lewisham or Lambeth Local Authority
- This programme is opened to all care-experienced young people but **MUST** be available for all dates of the programme

TO REGISTER:



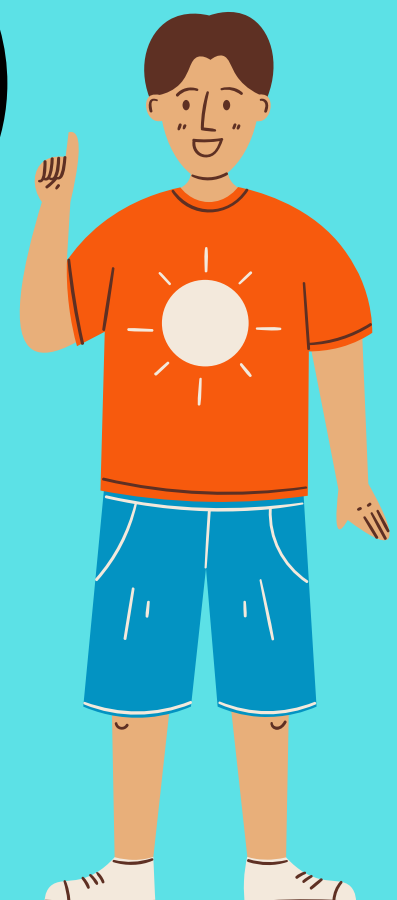
Sign up or refer someone via this link:

<https://forms.gle/rTEprthcfJoZfXFPA>

Or you scan the QR Code to access the form



Let's start your
Journey 2 Adulthood!



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