

## The AHOY Centre 'A Charity Changing Lives in London'

Based on the Thames in Deptford



### What does The AHOY do?

We are a Charity offering opportunities and training for :

- Disadvantaged young people (aged 8 to 21)
- At Risk and Vulnerable youth and those excluded from main stream education
- Disabled people

### How do we help?

Based in one of London's most deprived areas we use the medium of sailing, rowing and water based activities to break down social barriers and provide innovative training. Teaching transferable and employable skills is at the heart of everything we do and at the same time we build: Life skills, self-confidence, team building and self esteem. Qualifications include RYA

*'The work The AHOY Centre charity is delivering on the River Thames is both innovative and inspiring. By working with those most in need of support they are helping those with disabilities and providing excellent diversionary activities for young people.—taking those most at risk off the streets and away from the path of negative and anti-social behaviour . They provide extensive training and most importantly teach the citizenship & life skills that are fundamental tools for finding future employment'.*

**Mayor of London**



Life-skills for 8 to 21 year olds

National certification, City & Guilds, NVQ's & BTECH's.

### What results do we get?

We work with hundreds of young people every year and they all achieve - from our young Shipmate volunteers and apprentices through to participants from local schools and groups.

Over the years AHOY has a proven track record of getting results both in changing behaviour & attitude. We know hands-on practical training produces tangible outcomes and so the learning becomes relevant to them and rooted in the real world.

*'I would recommend the AHOY to everyone, whether they've got learning disabilities or not'*

**James, 22 - Sailability**



Disabled Sailing

*'The real turning point in A's life was when he decided to pursue an AHOY boat building engineering apprenticeship.... In many ways A's journey has now only started, clearly made possible by the commitment, passion and belief of The AHOY Centre*

**A's Social Worker**



Apprenticeships

### How will your support help us?

AHOY relies on the generosity of people like you to help us secure the funding to run our courses and activities. Your help will enable us to deliver more life-changing training, courses & programmes to both vulnerable/disadvantaged young people and disabled people.

#### Volunteering



### Corporate Partnerships

We wish to work with Companies building & developing relationships which will benefit the company & its staff including:

- Staff Wellbeing
- Team Building - both on & off the water!
- CSR days
- Corporate branding opportunities

We run events & training for Companies which are tailored to their requirements. Come to us and test your team, build confidence and see them come together as a cohesive work force.

*'Our day at AHOY was by far the best Team Building day we have ever had. Doing something practical as a group was far more effective than some contrived management game. We all left feeling that we had helped a Charity that was doing amazing things. The day massively exceeded our expectations, somehow managing to be effective, fun and humbling all at the same time. Thank you so much for having us.'*

**Patrick Lindley - CEO - Dunbar**

### Individuals

There are many ways you can help from monthly donations to helping as a volunteer. We offer training for those that would like to assist on activities/courses in one of the many support roles from confident helms to Rowing Instructors.



Your support will show that people, no matter what their background, can come together and help each other.

**Please contact us:**

**Email: [info@ahoy.org.uk](mailto:info@ahoy.org.uk)**

**Tel: 020 8691 7502**

[www.ahoy.org.uk](http://www.ahoy.org.uk)



***Please help AHOY help those less fortunate and together we can change people's lives***